



RACHEL MEA



Riding since childhood, I started classical/English riding while at university in Quebec in early 90s, where I took lessons from Alain Provencher and Linda Lavoie and, in NB, with Deanna Phelan. I taught many classes each week in Caraquet for four years and tested for coach certification in 1999, missing it by just one component. For awhile, I was out of the "world of horses" to dedicate myself to my full time job as an occupational therapist, teaching karate, and raising my two sons. In 2013, I was back in the saddle, with the purchase of a green mare. I then met Colleen Carroll-Nisbett to start getting riding lessons from her,

and she is now my current coach and mentor. My interest in teaching was too strong not to go back to it!

Contact Information:	
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Coaching Details:	
Location	Caraquet
Coaching Since	
Year of certification	2014
Type	classical/ English riding
Level	Instructor
Able to teach First Gait	
Able to test Rider levels	
Student age preference	adults, kids 8 yrs or over
Price Range	not yet determined
Specialties	
Willing to travel?	occasionally
Teaching Facility	
Available indoor arena	
Other Facilities	

